



Educational Excursions
Unit 1204, 135 Bonham
Strand Trade Centre
135 Bonham Strand
Sheung Wan, Hong Kong

Telephone: (852) 3590 3356

Email: info@educational-excursions.com

Travel Agents Licence No: 353944

Programme Proposal(G8-12)

Destination: Ho Chi Minh City Saigon)and the Mekong Delta, Vietnam

Programme Dates: November 17 - 22, 2019

Educational Excursions

Educational Excursions is a Hong Kong-based licensed travel agency founded and managed by a qualified and experienced teacher. We coordinate service learning trips throughout Asia, which focus on building sustainable partnerships with communities in need. Involvement in our programmes leaves participants feeling that they have truly connected with host communities and made significant contributions to their development. These experiences are designed to help students become responsible global citizens.

Our programmes provide participants with opportunities to sharpen important life skills related to communication, teamwork, problem-solving and leadership. Students may also benefit from academic credits awarded by Hong Kong's Education Bureau, the International Baccalaureate Organisation, and through various other curricula.

Specialised Services

Personal Websites: Each client-school is presented with a personal websites displaying all programme details. Each website has an embedded Discussion Forum useful to the group before, during and after the trip.

Visa Arrangements: Educational Excursions can assist with the arrangement of travel visas.

Flights and Ground Transportation: Educational Excursions can assist with travel arrangements to, from, and within the host country.

Ground Programme: Educational Excursions works with its partners to assist with the arrangement of activities and accommodation in the host country.

Risk Management: Educational Excursions provides risk management documents covering all programme activities.

Travel Insurance: Educational Excursions can arrange travel insurance for all participants covering all activities including 'manual labour'.

Certificates of Appreciation: All participants receive certificates honouring their commitment to service.

Programme T-shirts: All participants are given trip T-shirts prior to departure, which help build a sense of camaraderie and shared purpose.

Accommodation

Bay Hotel Ho Chi Minh, or similar (3 nights)

7 Ngo Van Nam Street, District 1

Ho Chi Minh City, Vietnam

- Each teacher will have a private room
- Students will sleep 2 per room (males separate from females), with triples in the event of odd numbers

Cuu Long Hotel, or similar (2 nights)

1 1 Tháng 5, Phường 1, Vĩnh Long, Vietnam

- Each teacher will have a private room
- Students will sleep 2 per room (males separate from females), with triples in the event of odd numbers

Flights: To be booked by school

Outbound: Sunday, November 17

China Southern 8465: SZX - Ho Chi Minh City (11:35 AM / 13:10 PM)

Returning: Friday, November 22

China Southern 8466: Ho Chi Minh City - SZX (14:10 PM / 18:10 PM)

Flights with China Southern Airlines

Costs

Air fare and transportation—2250 RMB inclusive

Tour Agency – 8200 RMB

Insurance – included in trip cost

Chaperone costs – 250 RMB

Misc- transaction fees and emergency funds- 850 RMB

Deposit and air fare – 5000 RMB paid to the Financial Office by Sep. 6th

Remaining Amount-6150 RMB paid to the Financial Office by Oct.18th

Total – 11550 RMB

*excess funds will be returned to the student's family

Proposed Itinerary

Day1. Sunday 17 November

Travel to Vietnam ~ Swim ~ Walk to Colonial Sites ~ Make Spring Rolls

11:35 AM Depart Shenzhen (China Southern 8465)

13:10 PM Arrive in Ho Chi Minh City

14:20 Transfer to total

15.00 Hotel check-in, relax, swim

16:30 Driven to the city's Central Post Office, which was designed by the renowned French architect Gustav Eiffel.

Next, stroll toward the Saigon River along Dong Khoi Street, which figured prominently in Graham Greene's famous Vietnam novel, 'The Quiet American', to the Saigon Opera House, a commanding building completed in 1901. Shelled during World War II, it was used to shelter French citizens fleeing North Vietnam in 1954, the year Vietnam earned its independence from France.

18:00 Transfer to local restaurant. Before having the meal, the group will have chance to wrap fresh spring rolls by themselves and taste the food (fresh spring roll).

20:00 Back to hotel. Team orientation.

Meals Included: Dinner

Accommodation: Bay Hotel Ho Chi Minh

Day 2. Monday 18 November

Travel to the Mekong River Delta ~ Begin Service Project ~ Learn to Make Conical Hats

08.00 Transfer to the Mekong River Delta town of Vinh Long by bus, approximately 3.5 hours drive from Ho Chi Minh City.

11:30 Arrive in Vinh Long and check in to your hotel

12.00 Lunch will be provided by a local restaurant near the hotel

13.30 Depart to start work with our village hosts on the service project. Over the next four days volunteers can expect the tasks including light construction, digging, carrying supplies, mixing cement and brick work.

16.30 Back to the hotel, refresh.

17.30 It's time to experiences to learn how to make conical hat with local villagers. Try your hands on and practice your skill to make your own conical hat.

18.30 Dinner at local restaurant

Meals Included: Breakfast, Lunch, Dinner

Accommodation: Cuu Long Hotel

Day 3. Tuesday 19 November

Complete Service Project ~ Meeting with Red Cross Team ~ Rice Farming Activity

06.00 Breakfast at the Hotel and travel to project site

07.00 Arrive at project site and continue working.

12.00 Back to the hotel

12.30 Lunch time

14.00 In the afternoon meet with representatives of the Vinh Long Red Cross and community leaders to learn more about the project and your impacts. After we take time to reflect on the issues around service and community development and the role we all have to play.

15:00 The group will visit a farm which belong to local villagers. You can join us to learn about full life rice from making soil to making paddy. We instruct you all of the work with local people. Apart from the rice work, you also learn about the life of people in the countryside. We back you to the old life of the countryside people. You will see and talk to them about rice. You

will join us to help the farmers work on the field.

16.30 Transfer back to your hotel

18.30 Dinner at local restaurant

Meals Included: Breakfast, Lunch, Dinner

Accommodation: Cuu Long Hotel

Day 4. Wednesday 20 November

Explore the Intricate Waterways of the Mekong River Delta ~ See local Artisans at Work ~ Bake Cake or Race boats ~ Travel to Saigon

07:00 Breakfast at the hotel

08:00 Packed and check out

08:30 – 12.00: Hop aboard a small boat to take a trip around the floating market. Though it is not nearly as busy and crowded as day's past, you might still spot locals tossing watermelons or pineapple between their boats! Continue cruising along the maze of canals to Vinh Long, stopping at handicraft villages to see local artisans at work.

12.00 – 13.00: Lunch

13.00 – 14.00: activity: Cake making or boat racing à with the boat racing, it depends on water level. If the water level of water in the morning is high enough, we can do it in the morning before the Mekong Tour starts. If the water level in the morning is still low, we need to wait until afternoon as the time clarified.

- Clients must choose either cake making or boat racing because of limited time.

14.00 – 17.00 or 17.30: transferring back to Ho Chi Minh city depending on the traffic.

19:30 Dinner at local restaurant

19:30 Dinner at local restaurant

Meals Included: Breakfast, Lunch, Dinner

Accommodation: Bay Hotel Ho Chi Minh

Day 5. Thursday 21 November

Visit the Cu Chi Tunnels ~ Lunch at a Social Enterprise ~ Vietnamese Calligraphy Lesson ~ Farewell Dinner

Begin your journey to the Cu Chi Tunnels by departing at around 07:30am from your hotel and travel through the countryside which was once a stronghold Of the Viet Cong.

Upon arrival, watch a short video about what life was like for soldiers who lived there during the war. The cramped tunnels were central to a few of the war's strategic operations, including the famous 1968 Tet Offensive, and they didn't escape damage.

American B52 bombers dropped thousands of bombs leaving huge tell-tale craters behind. The tunnels served not only as living quarters, but as supply routes and hospitals for thousands of guerilla fighters. Many died there from malaria and other diseases, and a few were also born or married. Today they are viewed by some as a testimony to the Vietnamese people's resiliency.

Return to Ho Chi Minh City around 1pm.

Enjoy your delicious lunch at KOTO restaurant, a local social enterprise. Meaning 'Know One Teach One', KOTO is established to bring life changing

Skills to disadvantaged kids since the mid 1990s.

This afternoon spends two hours in Saigon learning the traditional art of Vietnamese calligraphy. Under the expert eye of a calligrapher, you'll practice using the tools of the trade: brushes, ink and paper. Settle into a quiet studio where the ambiance encourages a contemplative mindset. Then try your hand at writing Vietnamese characters in an artistic style.

Farewell Dinner at a local restaurant

Meals Included: Breakfast, Lunch, Dinner

Accommodation: Bay Hotel Ho Chi Minh

Day 6. Friday 22 November**Visit Reunification Palace ~ Visit the War Remnants Museum ~ Fly Home**

07:00 Breakfast at hotel.

08:30 Packed then check out.

The tour continues with a stop at the Reunification Palace, where a North Vietnamese tank crashed through the gates in 1975 to end a war that killed an estimated 58,000 Americans and three million Vietnamese. You will also visit the War Remnants Museum, where Vietnam's government has assembled presentations - some of them graphic - of wartime hardships and atrocities.

11:00 Transfer to the airport for your flight home. Ends of services.

China Southern 8466: Ho Chi Minh City - SZX (14:10 PM / 18:10 PM)

Meals Included: Breakfast

Accommodation: none

Service Project

Although we do not have the details of your project yet, below are before and after photos of a previous project that we contributed to in Vihn Long.

They show a family home (top left), the same site, after this home was demolished, being prepared for a new structure (top right), and the exterior and interior of the new home that was built with the assistance of several volunteer groups (bottom two photos). This project involved the Red Cross. Your project would likely involve the Red Cross as well.





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旅行方案(G8-12)

目的地：越南胡志明市西贡和湄公河区域

旅行日期：2019 年 11 月 17 到 22 号

百思游学中心

百思游学中心是一家香港特许旅行社，由合格且经验丰富的教师创建和管理。我们协调整个亚洲的学校服务学习之旅，重点是与有需要的社区建立可持续的伙伴关系。参与我们的计划让参与者感到他们与所在社区真正联系并为他们的发展做出了重大贡献。这些经验旨在帮助学生成为负责任的全球公民。

我们的课程为参与者提供提高沟通，团队合作，解决问题和领导力相关的重要生活技能的机会。学生有可能受到香港教育局，国际文凭组织或其他教育机构颁发的学分。

服务领域

个性化网站:每个学校都会建立一个关于旅行计划细节的自己的网站。每个网站都有一个嵌入式讨论论坛，可用于旅行之前，期间和之后。

签证安排：百思游学中心会协助所有的签证。

交通：百思游学中心会协助所有的交通安排。

活动安排：百思游学中心会协助合作学校安排所有的行程和住宿。

风险管理：百思游学中心为所有项目活动提供相关风险管理文件。

旅游保险：百思游学中心可以为所有参与者安排所有活动的保险。

旅行证书：所有参与者旅行结束后将授予公益服务证书。

活动 T-shirts：在出发前，每位参与者将派发一件活动 T-shirts，增加认同感和提高团队精神。

住宿

Bay Hotel Ho Chi Minh，或同级别酒店(3 晚)

7 Ngo Van Nam Street, District 1

Ho Chi Minh City, Vietnam

- 每位教师配置单人房一间
- (男女分开) 每 2 位学生一间双人房，如是奇数，则三人一间。

Cuu Long Hotel，或同级别酒店(2 晚)

1 1 Tháng 5, Phường 1, Vĩnh Long, Vietnam

- 每位教师配置单人房一间
- (男女分开) 每 2 位学生一间双人房，如是奇数，则三人一间。

机票：学校负责预定

去程： 11 月 17 号，周日

中国南航 8465: SZX - Ho Chi Minh City (11:35 AM / 13:10 PM)

回程: 11 月 22 号周五

中国南航 8466: Ho Chi Minh City - SZX (14:10 PM / 18:10 PM)

花费

飞机票和其他交通费—2250 RMB 含税

旅行公司—8200 RMB

保险—旅费已包含

陪同老师花费—250 RMB

其他- 交易费 和应急基金 850 RMB

定金和交通费用—5000 RMB 请于 9 月 6 号前交至财务室。

余额 61550 RMB 请于 10 月 18 号前交至财务室。

总价—11550 RMB

*excess funds will be returned to the student's family

多余费用将退还给家长。

行程计划

第一天: 11 月 17 号周日

到达越南~ 游泳 ~ 参观殖民区域~ 制作春卷

11:35 AM 从深圳出发(中国南航 8465)

13:10 PM 到达胡志明市

15.00 酒店入住，休息，游泳

16:30 坐车到由法国著名建筑师 Gustav Eiffel 设计的市中心邮局

接下来，沿着 Dong Khoi 街漫步到西贡河，这条街在格雷厄姆格林著名的越南小说“安静的美国人”中占据了显着地位，之后到西贡歌剧院参观，这是一座 1901 年建成的指挥大楼。在第二次世界大战期间遭到炮击，成为了逃离北越的法国公民的庇护所。1954 年，越南从法国获得独立。

18:00 本地餐馆就餐，学生在餐前将有机会制作并品尝春卷。

20:00 回酒店。团队指导。

包餐：晚餐

住宿：Bay Hotel Ho Chi Minh

第二天. 11 月 18 日，周一

湄公河 ~ 公益服务~ 制作当地特色帽子

08.00 乘坐巴士前往湄公河流域三角洲的 Vinh Long 镇，距离胡志明市约 3.5 小时车程。

11:30 到达 Vinh Long 并入住酒店

12.00 酒店附近一家本地餐馆享用午餐

13.30 开始与村民一起做公益服务。在接下来的四天里，志愿者可以期待任务，包括轻型建筑，挖掘，搬运物资，混合水泥和砖块。

16.30 回酒店

17.30 学习如何与当地村民制作圆锥形帽子。试着练习你的技能，制作自己的圆锥形帽子

18.30 本地餐馆享用晚餐

包餐：早中午餐

住宿：Cuu Long Hotel

第三天. 11 月 19 号, 周二

完成公益服务~ 会见红十字会~ 水稻种植

06.00 酒店早餐, 之后前往公益服务点

07.00 继续公益服务

12.00 回酒店

12.30 午餐

14.00 下午与永隆红十字会和社区领导代表会面, 了解更多有关项目及其影响的信息。思考有关服务和社区发展的问题以及我们所有人必须扮演的角色。

15:00 该组织将参观一个属于当地村民的农场。您可以和我们一起学习从土壤到稻田的大米种植过程。我们会指导您与当地人一起合作。除了水稻种植, 你还能了解农村人的生活。这是一个了解乡村生活并体会劳动的机会。

16.30 回酒店

18.30 当地餐馆就餐

包餐: 早中午餐

住宿: Cuu Long Hotel

第 4 天. 11 月 20 号, 周三

**探索湄公河三角洲错综复杂的水道~拜访当地的工匠~烤蛋糕或赛艇
~ 前往西贡**

07:00 酒店早餐

08:00 收拾行李, 退房

08:30 - 12.00: 搭乘小船游览水上市场。虽然它不像过去那样繁忙和拥挤, 但你仍然可以发现当地人在他们的船之间扔西瓜或菠萝! 继续

沿着运河迷宫前往 Vinh Long，在手工艺村庄停下来看当地工匠的工作。

12.00 - 13.00: 午餐

13.00 - 14.00: 活动: 蛋糕制作或赛艇。赛艇取决于水位是否适合。如果早上的水位足够高，我们可以在湄公河之旅开始前的早上进行。如果早上的水位仍然很低，我们需要等到下午澄清时。- 由于时间有限，学生必须选择蛋糕制作或赛艇。

14.00 - 17.00 or 17.30: 回到胡志明市

19:30 本地餐馆享用晚餐

包餐: 早中午餐

住宿: Bay Hotel Ho Chi Minh

第 5 天. 11 月 21 号周四

参观古芝隧道~午餐~ 越南书法课程~ 告别晚餐

早上 07:30 从酒店出发前往古芝隧道，然后穿越曾经是越共大本营的乡村。抵达后，观看一段简短的视频，了解战争期间居住在那里的士兵的生活。狭窄的隧道是战争中一些战略行动的核心，包括著名的 1968 年 Tet Offensive，但他们并没有逃脱伤害。

美国 B52 轰炸机投下数千枚炸弹，留下巨大的陨石坑。隧道不仅作为生活区，而且作为数千名游击队员的供应路线和医院。许多人死于疟疾和其他疾病，还有一些人在那里出生或结婚。今天，他们被一些人视为越南人民重生的见证。

大概 1 点回到胡志明市

在当地的社会企业 KOTO 餐厅享用美味的午餐。 KOTO 的意思是“知道一个教一个”，自 20 世纪 90 年代中期以来，它致力于为弱势儿童提供改变生活的技能。

下午会在西贡花两个小时学习越南书法的传统艺术。在书法家的专家的指导下，你将练习使用以下工具：画笔，墨水和纸张。在安静的工作室里，静下心来，然后尝试用自己的艺术风格写越南文字。

本地餐馆享用晚餐

包餐：早中午餐

住宿：Bay Hotel Ho Chi Minh

第 6 天. 11 月 22 号，周五

参观统一宫~ 参观战争遗迹博物馆~ 回家

07:00 酒店早餐

08:30 收拾行李，退房

1975 年，一辆北越坦克在统一宫大门上坠毁，结束了一场大约 58,000 名美国人和 300 万越南人的战争。您还将参观战争遗迹博物馆，越南政府在那里汇集了战时艰辛和暴行的演示文稿 - 其中一些是图形展示。

11:00 乘坐飞机

中国南航 8466: Ho Chi Minh City - SZX (14:10 PM / 18:10 PM)

包餐：早餐

住宿：无

公益服务

虽然我们还没有公益项目的详细信息，但下面是我们在 Vihn Long 提供的上一个项目的照片。

他们展示了一个家庭住宅（左上），同一个地点，在这个房屋被拆除后，为新建筑（右上）做准备，以及在几个志愿者小组的帮助下建造的新住宅的外部 and 内部（底部两张照片）。该项目涉及红十字会的参与。您的项目也可能涉及红十字会的参与。

